

Name: _____

Date: _____

Client Questionnaire

The following questions are designed to help me get to know you better and stimulate your thinking. Please do the best you can with these questions and send it within a couple of weeks of our discovery session or bring with you when you come in. If you leave some blank, that's fine. I'd suggest you review them first and think about them for a few days before composing your responses. And, of course, these subjects will be discussed throughout the coaching.

1. What accomplishments are you most proud of?
2. If time and resources were not a concern, describe the things you long to do.
3. Think about one or two people you know that you really admire. What about them do you admire?
4. Look forward 20 years.... You are attending a function where someone is giving a speech about YOU! What would you want them to say?

5. What's missing in your life, the presence of which would have your life be more fulfilling?
6. What activities have heart and meaning for you?
7. What else would you like me, as your coach, to know about you?